

# FISHBOWL EXERCISE for couples/partners

*Taken from:*

*<http://www.loganlevkoff.com/mafs>*

*The goal of this "activity" is to give you the opportunity to learn more about your partner. Whether you've been married/dating for days or years there is always more to learn about someone. True intimacy isn't immediate; it develops over time. And our responses to these questions may change over time, too.*

*But a word to the wise: I want you to have fun, but this can be a very personal, intimate exercise. Respect your partner's responses. Don't jump to conclusions. And be a good listener. Ideally, this experience will teach you things about one another and begin a new, and hopefully, meaningful chapter in your relationship.*

1. Describe/or act out your first kiss
2. What song gets you in the mood?
3. What is your favorite romantic or sexy scene in a movie?
4. What is the worst pick up line you've used or heard?
5. What is the most unusual thing someone has asked you to do in bed?
6. What clothes do you feel sexiest in?
7. What is your idea of a perfect romantic evening?
8. If you weren't in your current profession, what would you be?
9. Who was your first crush?
10. If you could have had a relationship-superpower, what would it be?
11. What was your proudest moment? What's something you are proud of?
12. If you were stranded on a desert island, what three things would you want with you?

13. What is your favorite song(s) of all time?
14. What was your first impression of me?
15. Which part of your body do you like touched the most?
16. How have you handled break ups in the past? Did you stay friends? End the relationship entirely?
17. What upsets you most in a relationship?
18. What makes you happiest in a relationship?
19. When do you feel sexiest?
20. If you had to give me a nickname, what would it be and why?
21. What makes you sad?
22. What makes you happy?
23. What three words describe you best?
24. What is the best relationship advice you've ever gotten?
25. What is your first childhood memory?
26. If tomorrow was the end of the world, how would you want to spend today?

27. Who is the person you most admire?
28. What color reflects your personality and why?
29. What is your idea of romance?
30. What's the sexiest thing a couple can do together?
31. When you look at a man or woman, what's the first thing you notice?
32. If you had to eat one food for the rest of your life, what would it be?
33. What is an absolute deal breaker in a relationship?
34. What causes are you passionate about?
35. Who is the person you admire most and why?
36. What are three things that surprise you about me?
37. If you could have a celebrity hall pass (if you could be intimate with a celebrity with your partner's "blessing"), who would it be?
38. What sexy/romantic movie scene have you always wanted to act out?
39. What's one fantasy you've always had but never shared with anyone?

40. Where is one place you've always wanted to go? Why?
41. What has been the best decision you've ever made?
42. What is your favorite body part and why?
43. If you were an adult film star, what would your name be?
44. If you could plan a romantic trip anywhere in the world, where would it be?
45. What's more important - romance or sex?
46. Tell me about your most memorable condom/safer sex buying experience.
47. When did you see pornography (inadvertently or deliberately) for the first time?
48. If you could get a tattoo (or a new one) what would it be and why?
49. What is the sexiest part of someone's body?
50. What would be the perfect way to celebrate Valentine's Day/Birthdays/Holidays?
51. What word is sexiest to you?
52. What song best represents our relationship?

53. If we were to take another honeymoon or romantic vacation, where would you want to go?
54. When do you find your partner to be at his/her sexiest?
55. If I wanted to turn you on, what would I have to do? What would I have to wear?
56. Where (location not body part) would you love to be intimate that you haven't tried yet?
57. What goal would you love to achieve that you haven't done yet?
58. What type of parent would you want to be one day?
59. What is your guiltiest pleasure?
60. What fictional person would you love to have a sexual encounter with?
61. People have sex for many different reasons/purposes. What gets you in the mood for lovemaking? And what gets you in the mood for passion-fueled sex?
62. Have you ever read something that totally turned you on? What was it?
63. What contraceptive method have you never tried but wish you did?

64. What is your favorite contraceptive/safer sex method?
65. How did you learn about sex?
66. What relationship did you see growing up that was a good model to follow?
67. What is the best pick up line you've used or heard?
68. What relationship did you see growing up that was a bad model to follow?
69. If you could ever take on a new romantic/sexual persona, what would it be?
70. What is the most unusual location that you've been intimate in?
71. What role play would you like to try?
72. When was the first time you used your phone/technology to express your sexuality/turn someone on?
73. Have you ever walked in on a couple having sex? What was your reaction?
74. What song do you sing when one is listening?
75. What song do you sing when people are listening?
76. Have you ever been unfaithful in a relationship?

77. What was your first sexual experience like?
78. How would you define your "ideal" sex life?
79. Have you ever had a recurring nightmare? What is/was it?
80. Do you believe in soulmates? (Doesn't have to be romantic.) If so, who is yours?
81. When did you realize that you loved me?
82. How do you feel about public displays of affection? Where are your limits?
83. Can men and women be friends?
84. Have you ever - or ever wanted to - document an intimate moment?
85. When did you "lose your virginity" (however you define virginity)?
86. Tell me about the first time you were in love.
87. How/when, if at all, have your spirituality and sexuality been in conflict?
88. What is the kindest thing someone has ever done for you?
89. What's your biggest turn-on?
90. Have you ever sexted with anyone?



91. What's your biggest turn-off?
92. What pop culture relationship (fictional or real) represents your ideal partnership/family - and why?
93. Would you consider yourself to be a realist or a romantic - and why?
94. Has a loved one ever cheated on you or betrayed you in some way?
95. If someone made a movie or television show of your life, what would the title be?
96. If you could have a relationship do-over, what would it be and why?
97. When, if at all, have you ever felt uncomfortable in a relationship?
98. In your life, have you ever held back from expressing yourself? What would you have done if given the opportunity?
99. If you could try any sex/pleasure product, what would it be?
100. Your choice! Ask your partner a question that you've always wanted the answer to.